

## HI-PROTEIN Powder

### Nutrition Facts

Serving Size: Three level scoops (25 grams)

Servings Per Container: 18

#### Amount Per Serving

Calories 105      Calories from fat 9

		% Daily Value	
Total Fat		1 g	1.5%
Saturated Fat	Less than	1 g	0%
Cholesterol		0 g	0%
Sodium		85 g	3.5%
Potassium		0 g	0%
Total Carbohydrates		9 g	3%
Protein		15 g	
Vitamin A	< 2%	Vitamin C	< 2%
Calcium	< 2%	Iron	< 2%

\* Percent Daily Values are based on a 2,000 calorie diet . Your daily values may be higher or lower depending on your calorie needs:

		Calories:	
		2,000	2,500
Total Fat	Less than	65 g	80 g
Sat. Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 g	2,400 g
Potassium	Less than	3,500 g	3,500 g
Total Carbohydrates		300 g	375 g
Dietary Fiber		25 g	30 g
Protein		50 g	65 g
Calories per gram:	Fat 9	Carbohydrate 4	Protein 4